



Erasmus+

PRACTICAL GUIDE FOR FOREIGN STUDENTS



THE INSTITUTE OF HOSPITALITY MANAGEMENT



The Institute of Hospitality Management currently offers 5 bachelor's and 4 master's programs accredited by the Czech Ministry of Education. We provide following study courses: Hotel Management, Spa Management, Tourism Destination Management, Marketing Communication in Services, Leisure Time Management.

History:

On July 28, 1999, based on the positive resolution reached by the accreditation commission, the Czech Ministry of Education awarded state permission for the establishment of The Institute of Hospitality Management in Prague (IHM). IHM became one of the first three private universities accredited under the new laws regarding tertiary education, and began instruction in the 1999/2000 academic year.

Approximate student population: 1 200

Our address:

The Institute of Hospitality Management in Prague 8, Ltd.

Vysoká škola hotelová v Praze 8, spol. s.r.o.

Svídnická 506, 181 00, Praha 8

Erasmus+ coordinator:

Name: **Mrs. Zuzana Roldánová**

Address: Svídnická 506, Prague 8, Czech Republic

Email: roldanova@vsh.cz

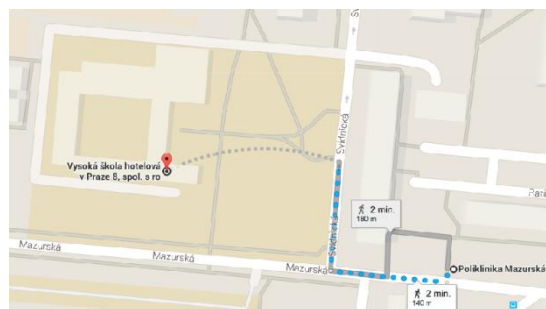
Telephone: +420 283 101 171

Fax: +420 233 541 905



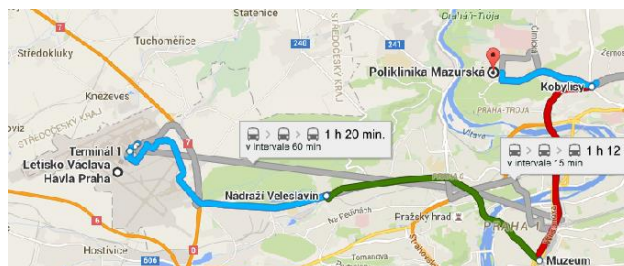
How to get to IHM:

Easily accessible by **Metro „C“** - station **Kobylisy** – bus connection **No. 177 or 144** to terminal **Poliklinika Mazurská**. A few minute walk takes you to our premises.



How to get to IHM from airport:

Take bus **No. 119** to **Nádraží Velešlavín** - change to **Metro „A“** - get off at metro station **Muzeum** and change to **Metro „C“ Kobylisy** - take bus **No. 177 or 144** to terminal **Poliklinika Mazurská**.

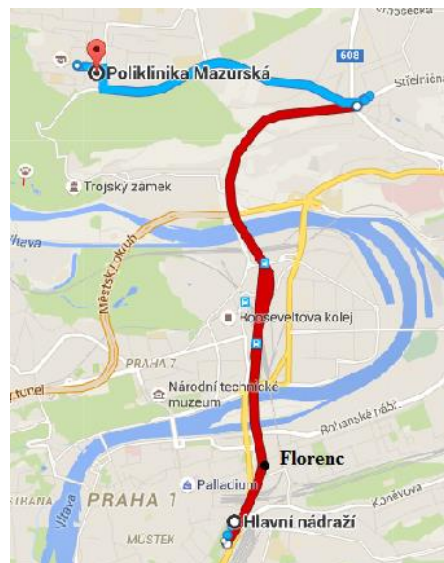


How to get to IHM from train station (Hlavní nádraží):

Take **Metro „C“** to **Kobylisy** station – bus **No. 177 or 144** to terminal **Poliklinika Mazurská**

How to get to IHM from bus station (Florenc):

Take **Metro „C“** to **Kobylisy** station – bus **No.177 or 144** to terminal **Poliklinika Mazurská**.



Academic Calendar 2019/2020

Winter semester: 23rd September 2019 – 7th February 2020

Instruction	23rd September 2019 – 1st November 2019 11 th November 2018 – 3rd January 2020
Holiday – break – Christmas	4th November 2019– 8 th November 2019 20th December 2019 – 3 rd January 2020
Public holiday	28 th September 2019 17 th November 2019
Exams	6 th January 2020– 7 th February 2020

Summer semester: 17th February 2020 – 31st August 2020

Instruction	17 th February 2020 – 27 th March 2020 6 th April 2020 – 22nd May 2020
Holiday – break Easter	30 th March 2019 – 3rd April 2020 10th April 2020- 13th April 2020
Public holiday	1 st May 2020 8 th May 2020
Exams	27 th May – 30 th June 2020

VISA and INSURANCE Information:

Students from Non-EU countries

- ✓ Need valid **Visa** (more information [here](#))
- ✓ Need **Health Insurance** (more information [here](#)) – we have an extra contract /discount/ with Slavia Insurance Company

Practical Information:

- There isn't dress code at school
- The confirmation about study is necessary for transport card, for accommodation etc., you get after your arrival.

IHM offers dining possibilities in the school restaurant where service is provided by students from the secondary hotel school which is also located on the campus. The price of the lunch menu (soup, main course, drink) is 60,- Kč. Students have a choice of two main courses, a salad, or a made-to-order dish for an extra charge.

There are two counters available where students can buy refreshments and drinks from the daily menu.

The nearest Hospitals and Police stations:

Health centre Mazurská on Mazurská 484, Prague 8, tel: 283024111

Hospital Na Bulovce on Budínova 2, Prague 8, tel: 266081111

Police Department on Lodžská 750 (opposite to Billa supermarket) Prague 8, tel:974858730

City Police Department on Čimická 782/61, Prague 8, tel: 283853489



Accommodation:

University Halls of Residence Prague

University Halls of Residence Praha – Jižní Město offer the all-year accommodation to university students and hotel guests. The premises are located in a beautiful place near Kunratický forest, Chodov shopping centre and Chodov subway station. The latter enables you to get into the city centre within 15-20min, to school for about 45min. Price for two-bed room in a unit (renewed) is 102,- CZK. More: <http://www.ubytovaniprovsechny.cz/en/price-list-all/price-list-2/>

DC Residence

DC residence brings a new European standard of student housing in modern renovated building, in a quiet environment, with all the services necessary for quality university study and subsequent relaxation. In single (bed width 120cm) fully furnished private bathrooms and an established high speed internet, they offer luxury living. Dc Residence is part of a sport relaxation and gastronomic complex, which provides a wide range of services. Price for single room is from 6900,- CZK / 1 month. More: <http://www.dcrezidence.cz/>

Apartman student

The new modern building Apartman student in Prague 4 – Kunratice is 115 luxuriously appointed rooms, a restaurant and a student club. Offer includes accommodation for students double, triple and quad suites. Apartments have a private bathroom, fridge, LCD televisions, furniture, beds, internet and common kitchen. The center of Prague can be reached in about 15-20min, to the school 45 min. Price for a bed in twin bedded room is from 249 CZK/person/day. More: www.apartmanstudent.com

CZECH REPUBLIC



Location:

The Czech Republic is situated approximately in the geographical center of Europe and has an area of 78,866 sq. km. It is a landlocked country 326 km from the Baltic and 322 km from the Adriatic. It shares borders with Germany to the northwest, Poland to the northeast, Austria to the south and Slovakia to the east.



The capital city: Prague

Language:

The official language is of course Czech, a very beautiful, yet quite difficult to learn Slavic language. In main tourist attractions English/German/Spanish is spoken. Nevertheless, you might find it useful to take a look at our [mini phrasebook](#). You never know when you will need to say “help” or “thank you”.

Money: The main currency in Czech Republic is Czech Crown (Kč - CZK).



In most shops credit cards are accepted, in shopping centres is not unusual to pay also in Euro, British pounds or dollars – the change will be returned in CZK.

It is better to change money in some bank or withdraw money from ATM, because you may be fooled in exchange office.

WELCOME TO PRAGUE

Prague is the capital city of the Czech Republic (1,200 000 inhab.) and famous European tourist destination. There are many places of interest: **Prague Castle, Charles Bridge, Charles University, Old Town, Jewish Town, Baroque gardens, museums, galleries, theatres etc.** There are many pubs, clubs, restaurants to entertain with friends. The sport lovers may choose from numerous swimming-pools, tennis - clubs, golf - clubs, athletic stadiums, bowling or squash halls, soccer grounds etc. There are also beautiful parks just to walk and relax inside the city.



Transport:

Prague Integrated Transport (PIT) includes the metro, trams, the railway, city and suburban buses, the funicular and ferries. Public transportation is cheaper than taxi. Ticket vending machines are installed in all metro stations and at selected surface transit stops ([here](#) is a list). It is more expensive to buy a ticket from the bus driver. They are intended for the purchase of individual tickets. Sales locations in the metro offer the entire range of tickets, and are intended primarily for the sale of transit passes, both for fixed and sliding validity periods. [Information centres](#) sell individual tickets and short-term (tourist) passes. At night, last metro leaves the terminal stations at midnight. However, there is a good system of night tram/bus transport.

Searching for connections

The application for searching the PIT connection can be downloaded [here](#).

PIT Map

When travelling in Prague it is advisable to carry a map of Prague Integrated Transport that can be downloaded for free [here](#).

Practical Information:

Opening hours – Most museums are closed on Mondays. Many shops are closed on Sundays outside of the city centre. Restaurants usually serve warm meals until 21:00 (or 22:00). Later you can get some fast food e.g. at Národní třída (D3).

Shopping – If you are hungry, you can try Albert, Billa, Tesco or Žabka – the most common supermarkets. They are on every corner. There are also shopping centers with fast food/restaurants (the nearest is [OC Krakov](#)).

Smoking – It is possible to smoke inside. However often there are separate rooms for smokers and non-smokers.

Czech cuisine – It might be quite heavy for foreigners. The main dish of the day is lunch. Czech people usually eat soup followed by a main course. If you want to taste very typical Czech meals, order “vepřo-knedlo-zelo”, “guláš” or “svíčková”.

A few tips to act like a local – Country is famous for its beer and has the highest beer consumption in the world. Local people hate being called drunkards, they prefer “beer experts”. In restaurants, there is a special tip-giving system. When you receive a bill from the waiter, round the number up and tell the waiter how much he should take to keep at least 6 CZK. People don't like when you call the Czech Republic “post – communist country” or an “Eastern – European country”. If you want to locate Czech Republic, use a special term for it: “Central Europe”. In a bus or metro you should let the other passengers get out of the door before you enter.

Public holidays:

- 1st of January – Day of Renovation of the Independent Czech State
- 14th of April – Good Friday
- 17th of April – Easter Monday
- 1st of May - May Day
- 8th of May – Liberation Day (1945)
- 5th of July – Cyril and Methodius Day – the Slavic Christianity Prophets
- 6th of July – Master John Hus burning at the stake (1415)
- 28th of September – Day of the Czech Statehood
- 28th of October – Independent Czechoslovak State Proclamation Day (1918)
- 17th of November – Day of a Struggle for Liberty and Democracy
- 24th of December – Christmas Eve
- 25th of December – Christmas Day
- 26th of December – 2nd Day of Christmas

Important Numbers:

112 – Emergency Central Number

158 – Police

156 – City Police

155 – Ambulance

150 – Fire Department

1180 – Information about telephone numbers in the Czech Republic

1181 – Information about telephone numbers abroad

12 444 – Prague Information Service (A telephone help line provided in Czech, English and German. Tourist information, cultural events, public transport, phone numbers and addresses of companies, stores and services, etc. Mon-Fri 8 a.m. - 7 p.m., local calling rates.)

ENJOY YOUR STAY ☺



<https://www.vsh.cz/en/>